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*Please Join Us...*

# Caregiver Support Group ~ 2018/2019

*Dedicated to persons living with dementia and their caregivers.*

The third Saturday of every month • 10:00 to 11:30am

Otsego Haus • 95 Livingston Blvd.

*October 20, 2018*

**“HOME SAFETY AND ASSISTIVE TECHNOLOGY”**

Presenter: Adam Brissette, OTS, MS

*Munson Healthcare - Otsego Memorial Hospital*

*November 17, 2018*

**“OCCOA ADVOCACY ~ WHAT’S OUR NEXT STEP”**

Presenter: John Panci, Advocacy Coordinator

*Otsego County Commission on Aging*

*December 15, 2018*

**“PEER SUPPORT” ROUND TABLE**

Facilitator: OCCOA

*January 19, 2019*

**“UNDERSTANDING CHALLENGING BEHAVIORS”**

Presenter: Charlotte Lundy, RN, BA

*Community Services Network*

*February 16, 2019*

**“THE DEMENTIA RAINBOW”**

**Understanding Dementia and it’s Stages**

Presenter: Chris Curtin, RN, BC, Executive Director

*Community Services Network*

*March 16, 2019*

**“PEER SUPPORT” ROUND TABLE**

Facilitator: OCCOA

*April 20, 2019*

**“MUSIC AND DEMENTIA”**

Presenter: Charlotte Lundy, RN, BA

*Community Services Network*

*May 18, 2019*

**“LIVING GRIEF AND SELF-CARE”**

Presenter: Chris Curtin, RN, BC, Executive Director

*Community Services Network*

*June 15, 2019*

**“PEER SUPPORT” ROUND TABLE**

Facilitator: OCCOA

*July Summer Break*

**SUMMER BREAK!** *No Scheduled Meeting*

*August 17, 2019*

**“ENVIRONMENT FACTORS AND BRAIN HEALTH”**

Presenter: Amanda Dobrzelewski, CTRS

*Otsego County Commission on Aging*

*September 21, 2019*

**““PEER SUPPORT” ROUND TABLE**

Facilitator: OCCOA

•• *Respite Care Available* ••

*In Home Respite Care available by pre-planned appointment  
to those attending the Support Group meeting.*

## *Support Group Planning Team*

Nancy Ragan, RN, BSN ~ *Support Group Facilitator* Pamela Carlson, RN ~ *OCCOA Medical Resources*

Dona Wishart, BS ~ *OCCOA Executive Director* Amanda Dobrzelewski, CTRS ~ *OCCOA Healthy Aging Activities Coordinator*

## *Grant Funded Respite Care Available*

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