



OTSEGO COUNTY COMMISSION ON AGING

1165 Elkview Ave. ✧ Gaylord, Michigan 49735

989.732.1122 ✧ www.OtsegoCountyCOA.org

Presents...



TENDER LOVING CAREGIVERS

Empowerment Group for Individuals Caring for Loved Ones with Memory Loss

First Wednesday of the Month

1:00 p.m. to 2:30 p.m.

Otsego County Commission on Aging ~ Board Room (Upper-Level)
1165 Elkview Avenue, Gaylord

April 1 ~ Positive Approach to Care Q & A

Virtual Guest Speaker ~ Beth Nolan, PhD, Teepa Snow Positive Approach to Care

May 6 ~ Advance Planning & Bereavement

Guest Speaker ~ Funeral Director Rachel Smith, Gaylord Community
Funeral Home & Cremation Service

June 3 ~ Grief that Comes with a Dementia Diagnosis

Guest Speaker ~ Certified Grief Educator Julie Kettlewell, Regarding Grief

1:00 pm ~ An educational hour with a guest speaker and community resources

2:00 pm ~ Q & A time designated towards topics regarding specifically to our loved ones

Facilitator: Evie Riozzi, LPN ~ Otsego Haus Coordinator

Co-facilitator: Brittany Koronka, CNA ~ Otsego Haus Assistant

Respite care during meetings is available. To sign up, call 989.732.1122.

Funded by the Otsego County Commission on Aging and the Region 9 Area Agency on Aging