



*Regarding Grief*  
**Education  
&  
Support Services**

*is pleased to offer*

## ***Grief Education & Support***

Meetings led by experienced facilitators trained by  
Certified Grief Educators Julie Kettlewell and Mallory Barnes

**NO COST TO ATTEND\***

***Welcoming anyone  
18 years of age or older***

***Third Wednesday of every month  
3:00 p.m. to 4:30 p.m.***

Meeting Location: Upper Level  
Otsego County Commission on Aging  
1165 Elkview Avenue, Gaylord

Please call (989) 732-1122 for more information  
or visit [www.OtsegoCountyCOA.org](http://www.OtsegoCountyCOA.org)



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