



OTSEGO COUNTY COMMISSION ON AGING

1165 Elkview Avenue • Gaylord, Michigan 49735
989.732.1122 • www.OtsegoCountyCOA.org

Presents . . .



Grandparents Raising Grandchildren

Are you a parent again? This time raising your own grandchildren?

OCCOA sponsors a monthly Grandparents Raising Grandchildren Support Group to help and care for grandparents who are in a parenting role. Each meeting will include information, education & support.

Please join OCCOA Facilitator Alexis Masley for meetings on the

Second Thursday of each month*

10 a.m. to 11:30 a.m.

December 11, 2025

Meditation & Sound Therapy

Guest Speaker Lynnette Benjamin-LaHahnn, OCCOA Fitness Instructor

Otsego County Commission on Aging

Upper Level — Board Room (New Location)

1165 Elkview Avenue, Gaylord

** Caregiving is available during meetings for grandchildren.*

Call (989) 732-1122 for more information or to register.