

Parkinson Support Group Meetings

Welcoming people living with Parkinson's including the people you love the most!

Please join us at



Upper Level ~ Multipurpose Space
1165 Elkview Avenue, Gaylord

October—December 2025 Meeting Schedule

2:00 p.m. to 3:30 p.m.

October 23

LSVT BIG Therapy

Steve Kolb, MS, OTR/L

November 20

Boxing Demonstration

Ashley Gapinski, Rocky Steady Boxing Coach

December 18

Christmas Holiday Party

OCCOA Facilitator Suzanne Mueller, OTR/L

Refreshments served at each session!

For more information, please call (989) 732-1122.

Support Group Planning Team

Facilitator: Suzanne Mueller, OTR/L • **Cofacilitator:** Pamela Carlson, RN

Planning Team: Suzanne Mueller, OTR/L • Pamela Carlson, RN • Dona Wishart • Charlie May

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Partnering with the



For information and resources, please visit the Michigan Parkinson Foundation at parkinsonmi.org