



1165 Elkview Avenue • Gaylord, Michigan 49735 • Fax: 989.732.9050
989.732.1122 • www.OtsegoCountyCOA.org

Please Join Us...

Parkinson Support Group 2025 Meetings

Dedicated to people living with Parkinson's including the people you love the most!



Fourth Thursday of the Month • 2:00 p.m. to 3:30 p.m.

Upper Level—Multipurpose Room ~ 1165 Elkview Avenue • Gaylord

April 24

***Coping Post Disaster—Dealing with
Stress after the Ice Storm 2025***

Suzanne Mueller, OTR/L ~ OCCOA

May 22

Safe Movement around the Home

Brittany Beyers, PT ~ H2 Move

June 26

Boxing Demonstration

Torrey Davenport, PT & Deb Colling ~

Michigan Parkinson Foundation

July 24

Summer Break

See you in August!

August 28

Summer Picnic

Fun and Support!

September 25

Palliative Care & Hospice

*Kerry Brook ~ McClaren Health
Management Group*

Refreshments served at each session!

Support Group Planning Team

Facilitator: Suzanne Mueller, OTR/L **Planning Team:** Suzanne Mueller, OTR/L • Pamela Carlson, RN • Dona Wishart

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Michigan Department of Health and Human Services and Region 9 Area Agency on Aging*

For information and resources, please visit the Michigan Parkinson Foundation at parkinsonmi.org