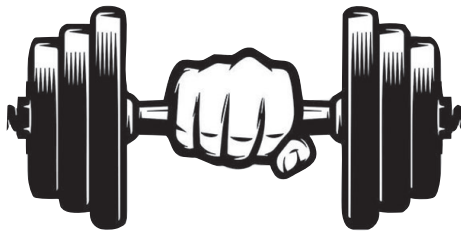


Presents...

BIG NORTH BOOMERS

FUNCTIONAL FITNESS PROGRAM!



**DESIGNED TO HELP ADULTS
60 OR OLDER INSIDE
AND OUTSIDE THE GYM!**

***Every Monday, Tuesday, Wednesday and Thursday
10:30 to 11:15am**

*For a Limited Time

Tuesday and Thursday, 6:15 to 7:00am

\$5 Per Session • Big North Barbell

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Walk-Ins Welcome! • Join Anytime!

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