

November

Menu

989.732.1122 www.OtsegoCountyCOA.org

CONGREGATE MEALS

ELIGIBLE PARTICIPANTS

60 and over, under 60 Spouses

Lunch Served 11:30am – 12:30pm

Menu may change without notice.

\$4.00 Suggested Donation

ALL OTHERS

\$7.00 Required Payment

SPECIAL CURB SIDE LUNCH

ALL

Participants \$5.00

Reservations Required.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 Pork Loin, Mashed Potatoes, Vegetables, Salad, Fruit	2 Burrito, Spanish Rice, Black Beans & Corn, Fruit	3 Caribbean Chicken Salad, Fruit	4
5	6 Swiss Steak, Mashed Potatoes, Vegetables, Fruit	7	8 Italian Meatball Sub, Vegetables, Salad, Fruit	9 Sweet & Sour Chicken, Rice, Kyoto, Broccoli Salad, Fruit	10 CLOSED	11 Veterans Day
12	13 Pulled Pork, Sweet Potato Fries, Cole Slaw, Fruit	14 Curb Side Lunch Turkey, Mashed Potatoes, Green Bean Casserole, Stuffing, Pumpkin Pie Reservations Required	15 Beef Stew, Biscuit, Vegetables, Salad, Fruit	16 Breakfast Bake, Sausage, Orange Juice, Muffin, Fruit	17 Taco Salad, Fruit	18
19	20 Chicken, Mashed Potatoes, Vegetables, Fruit	21	22 Lasagna, Vegetables, Salad, Fruit	23 CLOSED Thanksgiving Day	24 CLOSED	25
26	27 Chili Lime Tilapia, Rice, Vegetables, Fruit	28	29 Baked Chicken Leg, Mashed Potatoes, Vegetables, Salad, Fruit	30 Chili, Baked Potatoes, Cole Slaw, Corn Bread, Fruit		