



OTSEGO COUNTY COMMISSION ON AGING

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Please Join Us...

Parkinson's Support Group ~ 2020

Dedicated to people living with Parkinson's including the people you love the most!



The fourth Thursday of every month • 2:00 to 4:00pm
Grand Event Center • 610 S. Wisconsin Ave • Gaylord

October 22nd, 2020
"PEER SUPPORT"
Round Table



November 19th, 2020

**NOTE: Date adjustment due to Thanksgiving Holiday*

"EXPRESS OUR EMOTIONS"
Presenter: Charlotte Lundy, RN, BA
Community Services Network

December 17th, 2020

**NOTE: Date adjustment due to Christmas Holiday*

"HOLIDAY OUTING"



Refreshments served at each session!

Support Group Planning Team

Facilitator: John Panci • Planning Team: John Panci • Pamela Carlson, RN • Dona Wishart • Amanda Dobrzelewski

This program funded in part with funds through the Older Americans Act, Aging and Adult Services Agency of the Michigan Department of Health and Human Services and Region 9 Area Agency on Aging